



## Kenfig National Nature Reserve, Bridgend

**Make your own walking route on a network of footpaths through Kenfig National Nature Reserve's landscape of dunes and lake, home to rare orchids, colourful insects and plenty of birdlife.**

*"The vastness of this area is incredible, and especially if you walk further west towards Port Talbot. The sand dunes and the quiet beach allow you to feel pretty remote and even though the steel works loom nearby, it feels very silent as you follow the nature reserve's well worn tracks."*

TRICIA COTTNAM, WALES COAST PATH OFFICER

### Start and Finish:

Kenfig National Nature Reserve Visitor Centre (various routes to choose from).

### Distance:

4 miles/6km.

### Along the way...

Whether you're looking for a short stroll or a longer walk, this Site of Special Scientific Interest is bursting with options. Simply wander through the sand paths between the dunes or follow the

Sker beach circular walk for a longer journey, reaching the coast and beach before following the waymarks back inland to the Visitor Centre.

Birdwatchers should head to the hides at Kenfig Pool, the second largest natural freshwater lake in South Wales. The lake, populated by a wide variety of waterfowl, is one of the few places in the UK where bittern can be seen in the winter.

If you make your way to the beach, you may also spot birds like gannets, skuas, storm petrels and roseate terns. If you're in the mood for a longer walk, join the Wales Coast Path at the beach and head east to Porthcawl or west towards Port Talbot. This is a quiet stretch of the Coast Path, which gives you plenty of space to get away from it all.

### Need to know:

Toilets and free car parking are available at the Visitor Centre, and there are two pubs nearby on the road towards North Cornelly.

You can either retrace your steps for your return journey or there is a limited bus service (number 265) to and from the nature reserve. For times and locations, see timetable: <https://bustimes.org/services/265-kenfig-hill-porthcawl-comprehensive-school-3>.