



## Llanfairfechan Promenade, Conwy

**A gentle, flat walk perfect for wildlife watching with the family.**

*"This gentle flat walk is great for bird watching and for the variety of scenes that you pass along your way. The expansive views of the beach, the lush salt marshes and the Carneddau mountains make for the perfect backdrop for a picnic on one of the benches along this part of the path."*

GRUFF OWEN, WALES COAST PATH OFFICER

### Start and Finish:

Promenade car park, Llanfairfechan.

### Distance:

1 mile/2km actual walk. Extended walk 2 miles/3km.

### Along the way...

This gentle, flat walk takes you along the seafront to the Glan y Mor Elias nature reserve. From the car park, follow the Wales Coast Path along the promenade towards Bangor and Anglesey.

You'll pass the boating lake, home to nesting swans, while you enjoy fantastic views of the coast, Anglesey, the Great Orme and towards Bangor and the Carneddau mountains. As you continue, the promenade turns into a grass path before entering the Glan y Môr Elias Nature Reserve.

Scenic variety abounds, with salt marsh ahead, a beach to the right and the Carneddau mountains to your left. Remember to bring your binoculars, as the reserve is a haven for birdlife, a great way for young ones to see wildlife in their natural habitat.

Watch out for lapwings and curlews, alongside groups of oystercatchers with their distinctive black and white plumage, red legs and beaks.

To get the full experience, enjoy a family picnic on one of the picnic benches or sit on the beach and simply watch the world go by. Once you've spent enough time soaking up the atmosphere, you can retrace your steps back to your starting point perhaps for a cup of tea or an ice cream at the café.

Alternatively, you can follow the path around the reserve which offers further coastal views to form a pleasant circular walk.

If you want to make the walk a little longer, keep going to the bird hides at Morfa Madryn Nature Reserve before you head for home.

### Need to know:

There is parking, a café and toilets at the start point of the walk. Local buses stop at the car park entrance and the train station is a short walk away.